



2024 Winter Scientific Seminar Annual Members Meeting

PROGRAM GUIDE

December 12 – 15, 2024 in Lombard, IL

Thursday, December 12 from Noon to 7:00 pm

Friday, December 13 from 7:00 am to 6:00 pm

Saturday, December 14 from 7:00 am to 5:00 pm

Sunday, December 15 from 7:00 am to 1:00 pm

The Westin Chicago Hotel – Lombard
70 Yorktown Shopping Center, Lombard, Illinois 60148
Discounted lodging available | [Reserve](#) through December 1, 2024

[Become a Member](#) | [Register Today](#)

The Illinois Osteopathic Medical Society (IOMS) is accredited by the American Osteopathic Association to provide osteopathic Continuing Medical Education for physicians. IOMS designates this program for a maximum of 30 AOA Category 1-A credits and will report CME credits to the AOA commensurate with the extent of the physician's participation in this program.

Osteopathic Pledge of Commitment

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded: The dynamic interaction of mind, body and spirit; the body's ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

***Provide compassionate, quality care to my patients Partner with them to promote health.
Display integrity and professionalism throughout my career.***

Advance the philosophy, practice and science of osteopathic medicine.

Continue life-long learning.

***Support my profession with loyalty in action, word and deed; and
Live each day as an example of what an osteopathic physician should be.***

IOMS Mission & Vision

Illinois Osteopathic Medical Society Mission Statement

The purpose of the IOMS is to protect, advocate, maintain, and support the philosophy of osteopathic medicine for the benefit of the profession and the patients it serves.

Illinois Osteopathic Medical Society Vision Statement

The Illinois Osteopathic Medical Society (IOMS) is *the* professional association for osteopathic physicians practicing in Illinois. Our members represent various osteopathic medical practice specialties working in a variety of health settings across Illinois.

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SEMINAR PROGRAM OVERVIEW

All Updates to the CME Schedule and Presenter Materials are Available on the Website
All Session and Event Rooms Located on the Ground Floor

Thursday, December 12, 2024

TIME	EVENTS DETAILS LOCATION
12:00PM – 6:00PM	Registration open Lilac Foyer
12:30PM	PM Break (light fare) served Cypress Foyer
12:50PM	Moderator Welcome, Overview Lilac Ballroom
1:00PM – 7:00PM	CME Sessions (6 hours) Lilac Ballroom
7:30PM – 9:30PM	IOMS Board of Trustees Meeting & Dinner Cypress A

Friday, December 13, 2024

TIME	EVENT DETAILS LOCATION
6:00AM – 4:00PM	Registration open Lilac Foyer
6:00AM – 7:00AM	Breakfast buffet served Cypress Foyer
6:50AM	Moderator Welcome, Overview Lilac Ballroom
7:00AM – 12:00PM	CME Sessions (5 hours) Lilac Ballroom
7:00AM – 5:00PM	Exhibit Hall Open Lilac Foyer
11:30AM	<i>AOA Leadership Update Lilac Ballroom</i>
12:00 PM	<i>Annual Membership Meeting Lilac Ballroom</i>
12:50PM	Moderator Welcome, Overview Lilac Ballroom
1:00PM – 5:45PM	CME Sessions (4.75 hours) Lilac Ballroom
6:00PM – 8:00PM	President's Welcome & IO-PAC Reception Cypress A

Saturday, December 14, 2024

TIME	EVENT DETAILS LOCATION
6:00AM – 4:00PM	Registration open Lilac Foyer
6:00AM – 7:00AM	Breakfast buffet served Cypress Foyer
6:50AM	Moderator Welcome, Overview Lilac Ballroom
7:00AM – 1:00PM	CME Sessions (5 hours) Lilac Ballroom
7:00AM – 5:00PM	Exhibit Hall Open Lilac Foyer
12:00PM – 1:00PM	Lunch buffet served
1:00PM – 5:00PM	CME Sessions (4 hours) Lilac Ballroom
1:00PM – 4:00PM	Research Poster Competition Junior Ballroom
1:00PM – 5:00PM	Student Program Magnolia Ballroom
5:30PM – 7:00PM	Networking Reception Junior Ballroom

Sunday, December 15, 2024

TIME	EVENT DETAILS LOCATION
6:00AM – 11:00AM	Registration open Lilac Foyer
6:00AM – 7:00AM	Breakfast buffet served Cypress Foyer
6:00AM – 7:00AM	Past President's Breakfast Cypress A
6:50AM	Moderator Welcome, Overview Lilac Ballroom
7:00AM – 11:00AM	Exhibit Hall Open Lilac Foyer
7:00AM – 1;00PM	CME Sessions (6 hours) Lilac Ballroom
1:00PM	Seminar Concludes

ANNUAL MEMBERSHIP MEETING

Friday, December 13, 2024, from 12:00PM to 1:00PM in the Lilac Ballroom

All active members of the Illinois Osteopathic Medical Society are invited to attend the annual membership meeting scheduled for Friday, December 13, 2024, at Noon in the Lilac Ballroom of the Westin. Stay apprised of the work IOMS has been doing this year. Receive a strategic update from President, Laura Rosch, DO, summary reports from Committee Chairs, and vote to elect the 2025 Board of Trustees. All seminar attendees and prospective members are encouraged to attend in an observational capacity to learn more about the IOMS. Lunch will be served.

[2024 Annual Membership Meeting Agenda and Materials Available on the Member Portal](#)

[Join or Renew Your Membership](#)

PRESIDENT'S WELCOME & IO-PAC RECEPTION

Friday, December 13, 2024, from 6:00PM to 8:00PM in the Cypress Ballroom

All seminar participants are encouraged to attend the IOMS President's Welcome and IO-PAC Reception. Timely and relevant updates will be provided regarding IOMS strategic initiatives and IO-PAC advocacy priorities. Cash bar and light fare available during the reception. Following the conclusion of the days' events, head over to one of the hotel's restaurants for dinner on your own. See 'plan your stay' in this program guide for full details.

6:00PM – 6:30PM Cocktails and hors d'oeuvres

6:30PM – 6:45PM IOMS President Remarks

6:45PM – 7:00PM IO-PAC Chair Remarks

7:00PM – 7:45PM Legislative Update

7:45PM – 8:00PM IO-PAC Legislator of the Year Award

5th ANNUAL RESEARCH POSTER COMPETITION

Saturday, December 14, 2024, from 1:00 PM to 4:00 PM in the Junior Ballroom

Students, Residents and Fellows will participate in the 5th annual research poster competition. Abstracts eligible for presentation onsite will be juried and selected finalists will present their research to the full seminar audience. All onsite poster participants receive complimentary admission to the seminar on Saturday, December 14 only and are asked to support the IOMS through membership.

1:00PM – 1:30PM	Poster Setup
1:30PM – 2:30PM	Poster Judging
2:30PM – 3:00PM	Rubric Tabulation and Finalists Announcement
3:00PM – 4:00PM	CME Session and Finalists Presentations

STUDENT PROGRAM

Saturday, December 14, 2024, from 1:00PM to 5:00PM in the Magnolia Ballroom

All osteopathic medical students are encouraged to attend this special segment of the seminar tailored to students' needs. Sessions explore common experiences in medical school and preparing for residency. Full conference registration is not required and Saturday registration as an osteopathic medical student is appreciated. [Register today](#) and sign up for the [IOMS newsletter](#) to get the latest news and updates delivered to your inbox.

NETWORKING RECEPTION

Saturday, December 14, 2024, from 5:00 PM to 7:00 PM in the Junior Ballroom

All participants are encouraged to attend this networking reception as the unofficial 'happy hour' of the seminar. Mix and mingle with like-minded physicians, residents and students during this casual reception. All poster competition research will remain on display, so find a topic of interest and engage with the authors onsite to learn more. Cash bar and light fare available. Following the conclusion of the days' events, head over to one of the hotel's restaurants for dinner on your own. See 'plan your stay' in this program guide for full details.

SPONSORS & EXHIBITORS HALL

Friday through Sunday during Seminar Hours

Stop by each booth to learn more about each company and how their product or service could be of added value to you and your practice. Thank you to all this year's sponsors and exhibitors!

SPONSORS



The Proposed
ILLINOIS COLLEGE
OF OSTEOPATHIC MEDICINE
at The Chicago School

EXHIBITORS



GENERAL CONFERENCE INFORMATION

Seminar Materials

The IOMS continues to take steps to reduce the environmental impact of this annual seminar by going cashless, paperless and reducing waste production where reasonably feasible. This electronic program guide provides key seminar details that are updated weekly, and the most current details are available on the website.

Registration and Attendance Attestation

In person, daily attendance recording is required to receive attendance attestation form. The seminar registration table will be in the Lilac Ballroom Foyer. Official hours are:

- Thursday, December 12 from 12:00 to 5:00 pm
- Friday, December 13 from 6:30 am to 4:00 pm
- Friday, December 13 from 6:30 am to 4:00 pm
- Sunday, December 15 from 6:30 am to 11:00am

Seminar and Presenter Evaluations

Evaluation forms must be completed and submitted, and attendance verified against daily attendance records before CME credits may be granted. At the conclusion of the seminar, participants will receive an email containing the link to the seminar and presenter evaluation forms. Completed forms must be received no later than December 31, 2024, to receive timely credit reporting by the IOMS to the AOA for the 2022-2024 CME cycle.

Grievance Policy

The Illinois Osteopathic Medical Society (IOMS) requires all grievances regarding IOMS-sponsored continuing medical education (CME) be submitted in writing. The submission should specify the name and date of CME program, the nature of the grievance and any pertinent supporting documentation. All grievances should be mailed to the IOMS Office at 4044 N. Lincoln Ave, #362, Chicago, IL 60618. Initial review will be conducted by the Executive Director and Education Committee Chair within 30 days of the receipt of the grievance. Communication of proceeding and resolution, if found, will be conducted by the IOMS via email with a copy mailed to the participant's preferred mailing address. If the participant does not consider the response as satisfactory, they may then notify the Bureau of Osteopathic Education of the American Osteopathic Association at 142 E. Ontario St., Chicago, IL 60611.

Disclaimer

All continuing medical education (CME) courses are made available by the Illinois Osteopathic Medical Society (IOMS). The material presented in CME courses is for educational purposes only. This material is not intended to represent the best or only methods or procedures appropriate for the medical situation discussed; rather, the material is intended to present an approach, view, statement, or opinion of the presenter(s), which may be helpful, or of interest, to all attendees, including clinical practitioners. The content of any CME presentation is the personal view, statement, or opinion of the presenter and such content

is intended for the attending audience as a whole and not to the specific circumstance of any individual attending the CME seminar. Statements of fact and opinion expressed in any IOMS CME course are those of the individual presenters and, unless expressly stated, are not the views, statements, or opinions of the CME Sponsor. IOMS does not endorse or approve, and does not assume any responsibility for, the content, accuracy, or completeness of the information presented in any CME course. The CME seminar is not intended, nor should it be construed in any way, to replace the independent professional judgment and study of the specific facts and circumstances a participant may be experiencing. The information presented in any CME course is not intended to be, and should not be received as, medical advice or a substitute for medical advice, and participants are advised to seek an independent, competent medical opinion as to any specific set of circumstances the participant seeks to address.

All attendees participate in this CME seminar with the full knowledge and awareness that the participant waives any claim they may have against the CME Sponsor or individual Presenter for reliance on any information presented in the CME seminar. Furthermore, the participant waives any claim they have against the CME Sponsor or individual Presenter for any injury or any other damage whatsoever that may result in any way from their participation in the seminar. All the presentations of the seminar are intended for limited publication only, and all property rights in the material presented, including common-law copyright, are expressly reserved to the presenter or the sponsor. No statement or presentation made at the CME Seminar is to be construed or in any way regarded as dedicated to, or intended for, the public domain. Any sound reproduction, transcript, or any other use of the material presented at any CME Seminar is prohibited to the full extent of common-law copyright to, and in, such material.

CME CREDIT INFORMATION

CME Credits Certification

This continuing medical education seminar is designed to provide CME for physicians. Also welcome are non-physician clinicians. Participants must sign a daily attendance log, and complete and sign the Seminar and Presenters Evaluation and Attendance Attestation Forms to be eligible to receive CME credit for session(s) attended and be eligible for credit reporting by the IOMS to the AOA Continuing Medical Education department.

The Illinois Osteopathic Medical Society is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. IOMS designates this seminar for a maximum of 30 AOA Category 1-A credits. IOMS will report CME credits commensurate with the extent of the physician's participation in this activity to the AOA only.

NOTE: CME certificates cannot be processed on-site. Due to the verification process, certificates will be issued to the participant via the email address on file within 90 days of receipt of completed forms. The participant deadline to submit completed Seminar and Presenters Evaluation and Attendance Attestation Forms is December 31, 2024, to ioms@ioms.org or the IOMS Office mailing address. Any attendance attestation and/or evaluation forms submitted after this date will require a \$50 processing fee for credits to be granted and may not meet the AOA submission deadline for the 2022-2024 CME cycle.

PRESENTERS DISCLOSURE STATEMENTS

It is the policy of the Illinois Osteopathic Medical Society to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational programming. All presenters participating in a sponsored program are expected to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the continuing medical education program, including significant financial interest or other relationship: (1) with manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation, and (2) with any commercial supporters of the program. (Significant financial interest or other relationship may include such things as grants or research support, employment, contractor/consultant, major stockholder, member of presenter's bureau, etc.)

The intent of this disclosure is not to prevent a presenter with a significant financial or other relationship from making a presentation, but rather to provide the audience with information on which they can make their own judgments. It remains for the audience to determine whether the presenter's interests or relationships may influence the presentation. In addition, presenters must make a meaningful disclosure to the audience of their discussion of unlabeled or unapproved drugs or devices.

Presenters were asked to declare any financial interest/arrangement or affiliation that may be perceived as a conflict of interest in the context of their presentations. **No presenters had any conflicts.** Note that all presenters' disclosures will be announced by moderators in presenter introductions.

I. All seminar presenters reported no relationship(s) and no anticipated unlabeled/unapproved use of drugs or products.

II. The following presenters have indicated that they may have a relationship that could be perceived as a potential conflict of interest. NOTE that all conflicts have been resolved per our review process.

None.

COMMERCIAL SUPPORT DISCLOSURE

IOMS Continuing Medical Education planning ensures balance, independence, objectivity and scientific rigor in educational programs. Individual activities are developed independently of educational grant support. In accordance with the standards of the AOA Bureau on Education, any commercial supporters of this meeting have had no influence over topics or presenters. **No commercial support was involved in this CME Program.**

ACKNOWLEDGEMENTS

Please join us in recognizing the IOMS Board of Trustees for their commitment and support in all matters of the Society.

Board of Trustees

President – Laura Rosch, DO*

President-elect – Steven Morton, DO*

Vice President – Bryan Sweeney, DO*

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Teresa Hubka, DO, Membership Committee

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Christopher Reeder, DO, Membership Committee

Ex-Officio – Gina Fournie, Executive Director and Board Secretary

*Seminar Planning Committee Member

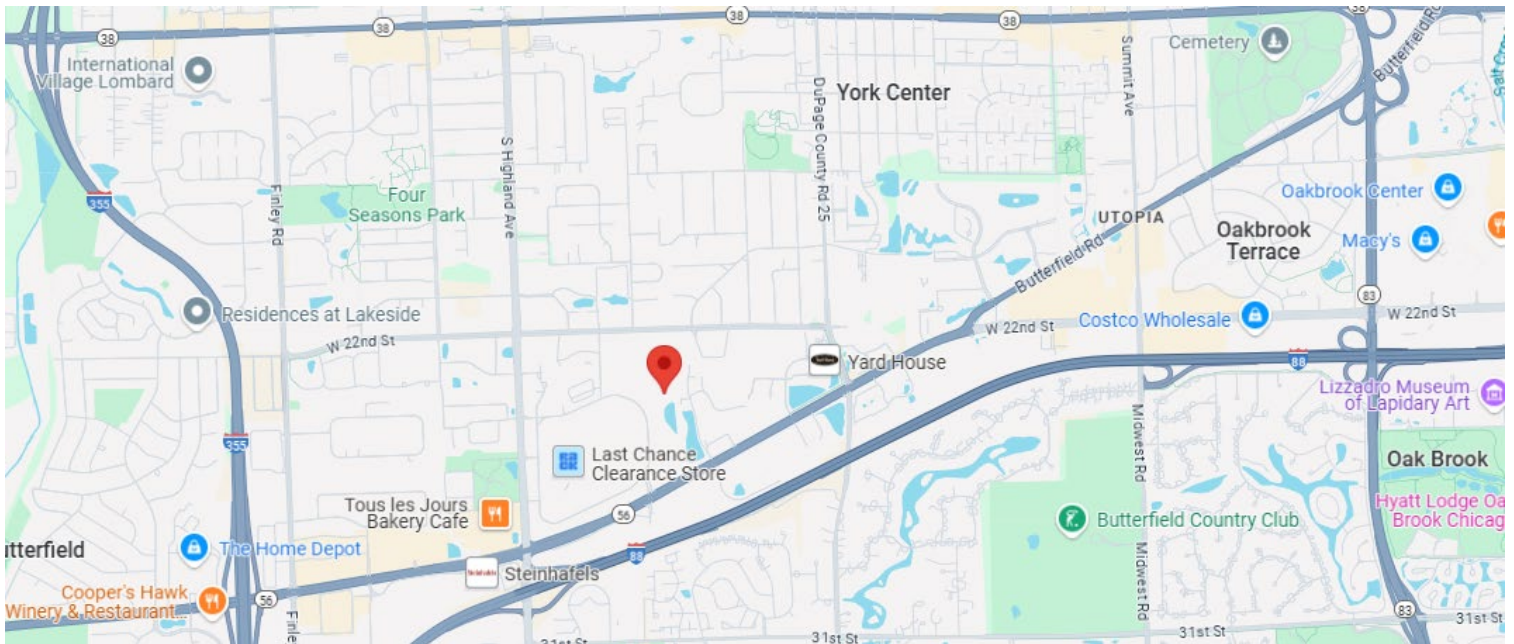
Leadership Development Opportunities

If you, or someone in your network, who is interested in becoming more involved with the IOMS, there are leadership opportunities available for Committee and Board service. Please email Gina Fournie, Executive Director, at ioms@ioms.org for full details.

Please join us in thanking our Presenters who waived their honoraria in support of the work of IOMS. Thank you!

PLAN YOUR STAY

The **Westin Chicago Lombard** is a four-star property located at **70 Yorktown Center, Lombard, IL 60148**. If you would like to book overnight accommodations you can do so [directly through this link](#) at a discounted rate of \$145++ per night until November 21. Direct booking can also be made by phone at 1.630.719.8000 and request to book within the IOMS room block. After November 21, the price of available rooms will increase. Check-in at 3:00PM and check out is 12:00PM Central time.



Hotel Amenities: The hotel has ample complimentary parking and two nice restaurants onsite. **Make a reservation for dinner** at [Holy Mackerel!](#) or the famous [Harry Caray's Italian Steakhouse](#). Also available onsite are a fitness center, indoor pool, business center, grab-n-go café, and room service.

Lombard Area Attractions: Adjacent to the hotel is [Yorktown Center](#) a premiere family-friendly destination featuring a shopping mall, AMC movie theatre and more.

Venture out to Downers Grove to see [Midwestern University's Osteopathic Medical Campus](#).

Travel downtown to visit the [AOA Headquarters](#) at 142 E. Ontario Ave. in the Streeterville neighborhood. While you're there, grab a coffee or a snack at one of the eateries directly off of the Michigan Avenue [Magnificent Mile](#) shopping district. Or take in the sights at nearby [Navy Pier](#).

PLAN YOUR 2025 CME SCHEDULE WITH IOMS

VOC CME

Beginning in February 2025 the IOMS is partnering with the Missouri Association of Osteopathic Physicians and Surgeons and their Virtual Online Conference platform to deliver virtual and on-demand CME courses. All courses on the VOC are accredited by the sponsoring state osteopathic association and all sponsors are accredited by the American Osteopathic Association (AOA). IOMS members receive discounted registration. Visit [the VOC website](#) to learn more.



THE **CME**CENTER
EDUCATION MADE EASY.

The Illinois Osteopathic Medical Society (IOMS) partners with the Association of State Executive Directors and their CME Center platform to deliver virtual seminars, live events, and on-demand CME courses. All courses are accredited by the sponsoring state osteopathic association. All sponsors are accredited by the American Osteopathic Association (AOA), and some are accredited to provide AMA PRA Category 1 Credit™, ensuring The CME Center offers opportunities for all physicians regardless of board certification. Visit [the CME Center website](#) to learn more.

SAVE THE DATE

2025 IOMS WINTER SCIENTIFIC SEMINAR & MEMBERS MEETING
December 4 - 7, 2025 at the Westin Chicago Lombard Hotel