

AOA AMERICAN OSTEOPATHIC ASSOCIATION

AOA Update

Teresa A. Hubka, DO
AOA President-Elect

Illinois Osteopathic Medical Society
2023 Winter Scientific Seminar and Annual Meeting
Lombard, IL
December 8, 2023


AOA Presidential Goals

Enhance the value of AOA membership

- Developing short- and long-term membership recruitment, engagement and retention programs

New initiatives:

- Membership workgroup
- Feathr geomapping
- Streamline website



AOA Illinois Osteopathic Medical Society

AOA Presidential Goals

Refine and promote the unique value of AOA board certification

- Refine board certification process
- Validate AOA Board Certification as the premier certification pathway for all DOs
- Promote the distinctive practice of osteopathic medicine
- Build the osteopathic professional community for future generations of DOs

New initiative:

- Board certification workgroup



AOA Illinois Osteopathic Medical Society

Innovating Osteopathic Board Certification

Innovating to add value & convenience

- More remote exams
- Longitudinal assessments for OCC

New in 2023! OMT designation

- Available to all AOA board-certified physicians
- 70-question written exam written by Distinct Osteopathic Examination Committee
- OMT Performance Exam: 3 cases

certification.osteopathic.org



 Illinois Osteopathic Medical Society

AOA Presidential Goals

Create strategic budgeting process to align AOA's resources

New initiative:

- Strategic Finance Taskforce
- Monitor and refine budgeting process
- Link AOA resources to Strategic Plan



 Illinois Osteopathic Medical Society

AOA Presidential Goals

Establish strong working relationships with key strategic partners

- Advance osteopathic medicine on national level
- Position DOs as innovative leading medical experts
- Continue to foster established partnerships



 Illinois Osteopathic Medical Society

AOA Strategic Partnerships

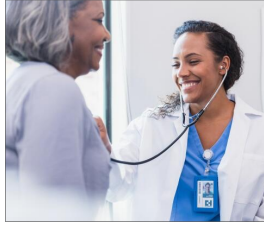
Build relationships to better serve our communities

Federal agencies:

- Department of Health and Human Services
- CDC Community Preventive Services Task Force

National organizations:

- COVID-19 and influenza prevention and vaccinations, sepsis prevention, public policy and behavioral health initiatives



Illinois Osteopathic Medical Society

AOA Strategic Partnerships (cont'd)

Corporations:

- HPV cancer prevention
- Pneumococcal immunization
- COVID-19 prevention and treatment
- Health disparities
- Heart failure, diabetes education, public policy activities and more

AOA's Patient Safety and Quality Improvement Advisory Group

- Working with various stakeholders



Illinois Osteopathic Medical Society

AOA Strategic Partnerships (cont'd)

Affiliate organizations - Specialty and State:

- American College of Osteopathic Obstetricians and Gynecologists
- Association of Military Osteopathic Physicians and Surgeons

State affiliates for COVID-19 prevention:

- Florida Osteopathic Medical Association
- Michigan Osteopathic Association
- Ohio Osteopathic Association
- Oklahoma Osteopathic Association
- Pennsylvania Osteopathic Medical Association




Illinois Osteopathic Medical Society

AOA Strategic Partnerships (cont'd)

Building relationships with the osteopathic physicians of tomorrow

Affiliate organizations (SOMA):

- Student positions on the Bureau of Affiliate Relations and *The DO* Editorial Board
- Addition of SOMA column in AOA Affiliate weekly newsletter
- AOA/SOMA Collaborative Student Membership Campaign (2022-26)
- AOA Leadership Academy
- Continued development of OMED student track
- Student Parity Town Hall

 Illinois Osteopathic Medical Society

Growth in the Osteopathic Profession

7,850+ DOs joined the physician workforce in 2023

30% increase in number of osteopathic physicians during the past five years

11% of the U.S physician population is composed of DOs


Total DOs in the U.S.:

Year	Total DOs
1999	66,776
2000	62,420
2003	64,221
2008	67,034
2013	68,903
2018	104,337
2023	110,800

148,829 osteopathic physicians in the U.S.

38,042 osteopathic medical students in the U.S.

186,871 total osteopathic physicians and students in the U.S.

 Illinois Osteopathic Medical Society

Expansion Across Specialties

57% of DOs practice in primary care fields


43% of DOs practice in non-primary care specialties

Primary Care:

Specialty	Number of DOs
Family Medicine/ONMM	30,296
Internal Medicine	20,144
Pediatrics	7,940

Non-Primary Care:

Specialty	Number of DOs
Emergency Medicine	10,389
Anesthesiology	4,395
OB/GYN	4,272
Psychiatry	3,920

 Illinois Osteopathic Medical Society

Osteopathic Medicine in Illinois

4,548 DOs in active practice in IL during 2023

3.6% of total DOs in active practice

Osteopathic Medical School:
 Midwestern University/Chicago
 College of Osteopathic Medicine
 555 31st Street
 Downers Grove, IL 60515

AOA logo | Illinois Osteopathic Medical Society

Bright Future for Postdoctoral Trainees

Record-breaking 2023 NRMP Match

- 7,132 DO DO students and grads matched into PGY1 positions
- 91.6% of students matched into residencies across 37 specialties
- 99.5% final placement rate for DO seniors
- Increased placements for general surgery, neurology, psychiatry, orthopedic surgery and more

Year	Matches
2017	5,403
2018	5,450
2019	5,962
2020	6,215
2021	6,327
2023	7,132

AOA logo | Illinois Osteopathic Medical Society

Equity in Rotations and Residencies

Working in partnership with key stakeholders

- Universal acceptance of COMLEX-USA exam
- Equitable treatment of DO applicants to training programs
- Reduction of medical training biases
- Advocacy for DOs and their credentials
- Consensus statements released by specialties

AOA logo | Illinois Osteopathic Medical Society

Equity in Rotations and Residencies (cont'd)

Consensus statements released by specialties

- Association of Anesthesiology Core Program Directors
- American Association of Directors of Psychiatric Residency Training
- Council of Academic Family Medicine
- Joint statement by Physical Medicine & Rehabilitation specialty societies
- American College of Obstetricians and Gynecologists
- Council of Residency Directors in Emergency Medicine



Illinois Osteopathic Medical Society

Federal and Grassroots Advocacy

State & International Government Affairs

- Scope of practice, licensure and liability protection

Regulatory Affairs

- Dr. Lorna Breen Health Care Provider Protection Act, Medicare cuts, physician payment, HIT

Congressional Affairs

- Prior authorization reform in Medicare Advantage, surprise billing, liability protection, debt relief

Grassroots

- Access to care, entitlement reform, regulatory reform, scope of practice, physician workforce



AOA D.C. headquarters



Illinois Osteopathic Medical Society

2023 Legislative Overview – Illinois

The AOA Public Policy team is working on your behalf!

Scope of Practice

IL SB 0218 creates independent practice for physician assistants.
Status: Became Public Law 6/9/2023.

IL SB 0199 allows advanced practice registered nurses (APRNs) full autonomy to independently practice without the need for consultation agreements with physicians when prescribing Schedule II opioids and Benzodiazepines.
Status: Became Public Law 6/9/2023.

IL SB 1785 eliminates the restriction on APRNs collaborating with a physician, removing the previous requirement that necessitated being in the same area of practice or specialty.
Status: Became Public Law 6/30/2023.



Illinois Osteopathic Medical Society

2023 Legislative Overview – Illinois (cont’d)

The AOA Public Policy team is working on your behalf!

IL HB 2895 grants Certified Registered Nurse Anesthetist (CRNAs) more independent practice by eliminating important patient safety requirements, including having a written anesthesia plan with an anesthesiologist, and physician availability on the premises to treat medical emergencies when nurse anesthetists provide care. Status: Referred to the House Rules Committee on 3/10/2023.

IL SB 0759 Expands scope of practice for podiatrists to vaccinate adults over 18 for certain health conditions such as Influenza, COVID-19, and tetanus. Status: Became Public Law 6/9/2023.

IL SB 1586 expands the prescriptive authority of prescribing psychologists by allowing them to prescribe medications to patients who are less than 17 years old and over 65. The bill would also allow the prescription of non-opioid Schedule II drugs. Status: Referred to the Senate Assignments on 3/10/2023.



Illinois Osteopathic Medical Society

Horizontal lines for notes

2023 Legislative Overview – Illinois (cont’d)

The AOA Public Policy team is working on your behalf!

IL HB 3721 establishes complete licensure for naturopathic physicians, enabling them to prescribe Schedule II-V drugs. Additionally, establishes the Naturopathic Physician Medical Board. Status: Referred to the House Rules Committee on 3/10/2023.

IL HB 1622/ SB 41 enacts the Nurse Interstate Licensure Compact. Status: HB 1622 was referred to the House Rules Committee on 3/24/2023; SB 41 was referred to the Senate Assignments on 3/31/2023.

IL HB 2306 expands the scope of practice for physician assistants (PAs) enabling them to prescribe Schedule II-V controlled substances. The bill also eliminates the necessity for a written collaboration agreement upon completion of the required continuing education and clinical experience hours. Furthermore, PAs attain independent practice by submitting an attestation of 250 hours of continuing education and 2,000 clinical experience hours. Status: Referred to the House Rules Committee on 2/14/2023.



Illinois Osteopathic Medical Society

Horizontal lines for notes

2023 Legislative Overview – Illinois (cont’d)

The AOA Public Policy team is working on your behalf!

Health Insurance Reform

IL HB 2580 amends the Network Adequacy and Transparency Act (NAT Act) to include pathologists, anesthesiologists, emergency medicine, radiologists, and neonatologists in the list of physician specialties that must be considered by the Department of Insurance (DOI) when assessing adequacy of a health care plan’s network of health care professionals. Status: Referred to the House Rules Committee on 2/15/2023.

Billing

IL HB 2581 requires that, for any bill submitted to arbitration, the health insurance issuer shall pay the physicians or facility at least the current Medicare reimbursement rate pending the resolution of the arbitration. Status: Referred to the House Rules Committee on 2/15/2023.



Illinois Osteopathic Medical Society

Horizontal lines for notes

2023 Legislative Overview – Illinois (cont’d)

The AOA Public Policy team is working on your behalf!

IL HB 3030 allows out-of network physicians to batch claims when seeking arbitration for underpayment of services. Currently, physicians seeking arbitration can only do so on a per-claim basis, which is cost prohibitive. Status: Became Public Law 8/4/2023.



Illinois Osteopathic Medical Society

Horizontal lines for notes

AOA International Affairs

Providing worldwide representation for all DOs

- International Association of Medical Regulatory Authorities (IAMRA)
- Resolution on DO-MD equivalency – approved November 2023
- Boyd Buser, DO, appointment
India granted a medical license to first DO – Sept. 2023
Canada amends bylaws for AOBFP board certified DOs
- Provisional licensure in family medicine
- Aligns with US-trained ABFM board certified MDs
Osteopathic International Alliance – updating benchmarks and universal glossary



Illinois Osteopathic Medical Society

Horizontal lines for notes

Osteopathic Advocacy Network (OAN)

Building relationships with lawmakers

- Engage in federal and state advocacy
Build influence in DC
Support AOA strategy
Help get legislation passed
Shape the future of osteopathic medicine



Osteopathic.org/grassroots

1st Wednesday every month



Illinois Osteopathic Medical Society

Horizontal lines for notes

Preparing Physicians for Medicare Physician Fee Schedule

AOA provides detailed summary on CMS CY2024 Medicare Physician Fee Schedule final rule changes coming in 2024, including:

- Discussion of overall payment changes with considerations across specialties;
- Changes to Medicare telehealth policies that support continued payment and access;
- New policies seeking to support payment for services addressing health related social needs;
- Improvements to payment for behavioral health services; and
- Changes to Merit-based Incentive Payment System (MIPS) and Advanced Alternative Payment Model (APM).

[Osteopathic.org/2023/11/20/navigating-the-medicare-physician-fee-schedule-final-rule](https://osteopathic.org/2023/11/20/navigating-the-medicare-physician-fee-schedule-final-rule)



Illinois Osteopathic Medical Society

No Boundaries



JD Polk, DO
NASA Chief Health and Medical Officer



Humayun "Hank" Chaudhry, DO
President and CEO of the U.S. Federation of State Medical Boards



Sr. Anne Brooks, DO
CEO of Tutwiler Clinic in Tutwiler, Mississippi



Illinois Osteopathic Medical Society

No Boundaries



Ronald Blanck, DO
39th U.S. Army Surgeon General, Lieutenant General & Commander of the U.S. Army Command (retired)



Omar Lateef, DO
President and CEO of RUSH University System for Health and RUSH University Medical Center




Barbara Ross-Lee, DO
First female Black dean of a U.S. medical school



Illinois Osteopathic Medical Society

Thank you!



**Let us know how we
can assist you!**
thubkado@osteopathic.org



Illinois Osteopathic Medical Society
