



# AOA Update

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128<sup>th</sup> President of the American Osteopathic Association

Illinois Osteopathic Medical Society | Dec. 13, 2024



THE WHITE HOUSE  
WASHINGTON

December 5, 2024

I send my warmest greetings to all those celebrating the 150th anniversary of osteopathic medicine.

Since 1874, doctors of osteopathic medicine have been providing holistic care, improving the lives of patients through prevention, research, policy, and advocacy. Your education and training equip you to offer high-quality, whole-person medical care; build and shape your communities; and transform lives. As you celebrate this milestone anniversary, it is my hope that you are filled with pride in all the progress the osteopathic medical community has achieved—from pioneering medical discoveries to improving the health and well-being of Americans across the Nation and so much more.

As you celebrate this special occasion, may you remain inspired by the endless possibilities of what we can accomplish in our great Nation. Keep the faith!



**Join the celebration!**

Follow us on social media  
and scan the code to visit our  
anniversary landing page

# AOA Presidential Goals



## Excellence in osteopathic distinction

- Heritage & Legacy
- Undergraduate medical education
- Graduate medical education
- Continuing medical education



## Excellence in physician leadership

- Professional development
- Content & resources
- DOs in prominent positions
- Mentorships



## Excellence in solidarity

- Bring together stakeholders
- Common interests
- Find pathways in shifting priorities
- Foster engagement



## Excellence in operations & communications

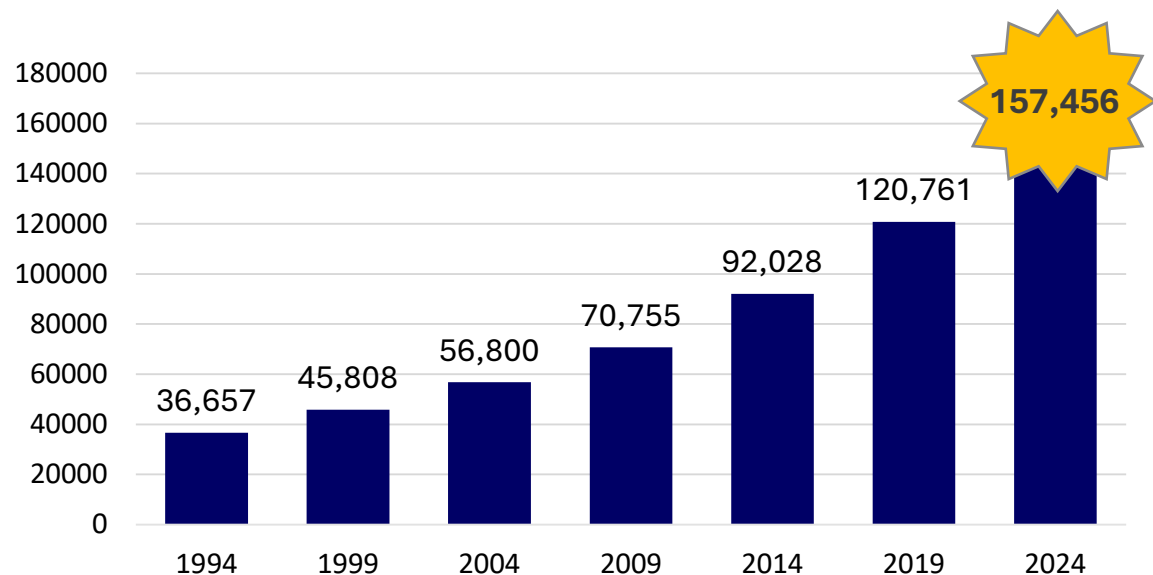
- AOA strategic plan
- Programs to support AOA's vision
- Strategic information & data workgroup
- Optimization of communications

**Almost  
200,000  
strong!**

### **Profession on the rise**

The number of DOs & osteopathic medical students has quadrupled in the past three decades

## **Osteopathic physicians in the U.S.**



**157,456**

osteopathic physicians in the U.S.

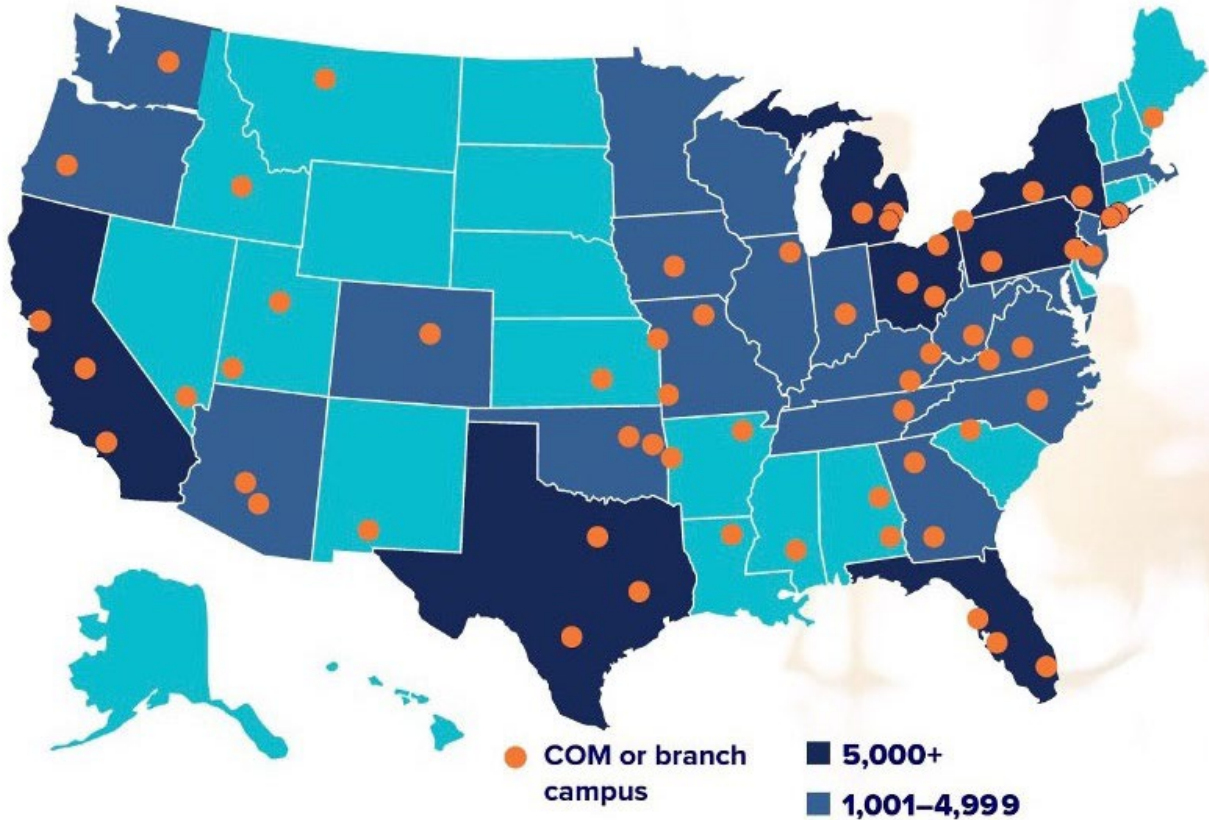
**39,942**

osteopathic medical students in the U.S.

**197,398**

DOs + osteopathic medical students

Source: AOA Physician Masterfile, AACOM



# Osteopathic medicine in Illinois

Promoting unity in osteopathic  
medicine from coast to coast



**5,359**

Total number  
of DOs



**5,080**

DOs in active  
practice

Source: AOA Physician Masterfile

## Educating the next generation of DOs:

Midwestern University - Chicago College of  
Osteopathic Medicine  
Downers Grove, Illinois

Illinois College of Osteopathic Medicine  
Chicago, Illinois





# Boundless opportunities – The DO Difference



Preventive  
quality care



Focus on listening  
& partnering



Accurate  
patient info





# Notable DOs

Celebrating members of the osteopathic profession who are **breaking boundaries** in medicine



## Omar Lateef, DO

- President and CEO Rush University System for Health and Rush University Medical Center



## Kim Huntington-Alfano, DO

- Clinical Associate Professor and Family Practice Clinic Medical Director at Midwestern University
- IOMS – Immediate Past President



## Gary Knepp, DO

- Previous VP and Chief Medical Officer for UnityPoint Health – Central Illinois



# Your AOA membership

The AOA is **your professional home**. Make the most of your benefits!



## Education & CME

In person and on-demand opportunities



## Professional development

Grow your physician leadership skills



## Publications & news

Stay informed with the latest updates



## Networking

Connect with like-minded colleagues



## Advocacy & awareness

Representing the voice of the profession



## Career advancement

Access thousands of job opportunities

Learn more at [www.osteopathic.org](http://www.osteopathic.org)





# Your AOA membership

The AOA is **your professional home**. Make the most of your benefits!



## Board certification support

Receive personal assistance as needed



## Practice management support

Expert coding & billing assistance & more



## Licensure support

State licensure & telemedicine updates



## Research

Eligibility for AOA research grants & awards



## Events & online learning

Free or discounted costs for members



## Discounts & savings

AOA Member Value program

Learn more at [www.osteopathic.org](http://www.osteopathic.org)



**AOA leaders met with Physician to the President Kevin O'Connor, DO, at the White House**

# Influencing health care policy

Building relationships to move osteopathic medicine forward

- Advancing osteopathic medicine at the national level
- Positioning DOs as innovative leading medical experts
- Representing the voice of the osteopathic profession among leading health care organizations





AOA President Hubka with G6 members

# The nation's frontline physicians

Preparing for the new administration

- Group of Six (G6) leaders meeting
- G6 CEOs meeting
- Developing plan for appointee meetings

## G6 members:

American Osteopathic Association  
American College of Obstetricians & Gynecologists  
American Academy of Family Physicians  
American College of Physicians  
American Academy of Pediatrics  
American Psychiatric Association



# Making an impact

Recent **public policy** wins demonstrate growing influence of the osteopathic profession

- No Surprises Act
- Global Days & Modifier 25 policy change postponed
- Scope of practice legislation failed in four states
- Expanded use & coverage of OMT
- Resident program funding



DOs and osteopathic medical students gather for DO Day



# DO Day on Capitol Hill March 2025

## Registration now open!

- Premier advocacy event for the osteopathic profession
- Meet with lawmakers during congressional visits at the U.S. Capitol
- Advocate for critical health policy issues

## Save the date!

March 22-23 Virtual  
March 26-27 In-person





**Collaborating with Affiliates and other osteopathic stakeholder organizations leads to success!**

# **Protecting osteopathic distinctiveness**

Collaboration across the osteopathic profession leads to wins

## **West Virginia**

Proposed licensing board consolidation

## **California**

Blue Shield of California policy

## **Big Win for OMT!**

FY25 HHS Funding Bill



# The unique value of AOA board certification

**16** certifying boards - **27** specialties - **48** subspecialties



**Nationally recognized** by ACGME, employers, insurers and regulators



**Affordable** and cost competitive with other board exams



**Exemplifies clinical excellence** combined with whole person care



**Convenient** virtual exam options



**Leverages technology** to meet evolving needs



**Flexible scheduling**, including early entry options

Learn more at [www.certification.osteopathic.org](http://www.certification.osteopathic.org)





# Medical student parity

## Ongoing activities:

- Joint statement recognizing equivalence
- ACGME action on equitable residency selection
- Engagement with program directors
- ERAS and VSLO filter and participation policies





# Specialty college recognition of COMLEX-USA

Residency specialty groups continue to voice support of a holistic applicant review process that includes acceptance of COMLEX-USA for DOs



**Family  
Medicine**  
Oct 2022



**Pediatrics**  
May 2023



**PM&R**  
May 2023



**Anesthesiology**  
May 2023



**Psychiatry**  
Apr 2023



**Obstetrics &  
Gynecology**  
Sep 2023



**Emergency  
Medicine**  
Oct 2023



**Internal  
Medicine**  
March 2024

# Bright future for postdoctoral trainees

DO placements for residency positions reach **all-time high**

- Record # of 7,705 DO seniors and past graduates matched into PGY-1 positions
- 99% final placement rate for DO seniors
- The Match rate for DO seniors has increased by 4.2% in five years
- DO seniors had the highest placement rate of all applicant types in 2024



## By the numbers



99% final DO placement rate



53% DO match rate in primary care



47% DO match rate in non-primary care

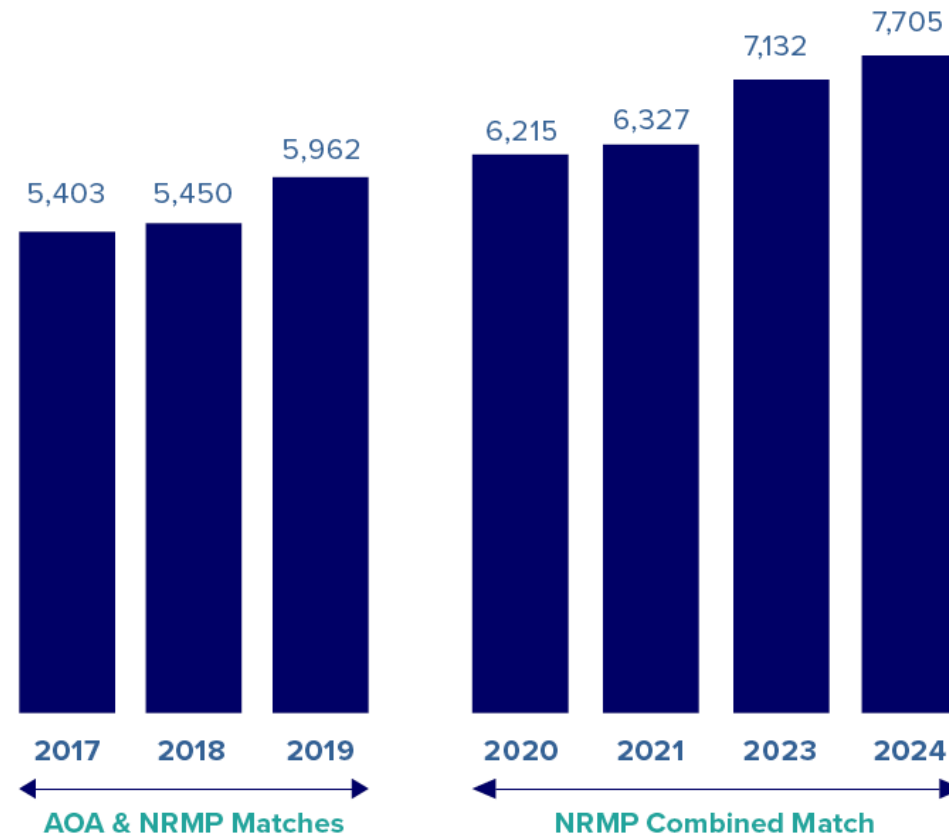
## 2024 NRMP MATCH

# Top 5 specialties for DOs

- #1 Internal medicine (categorized)
- #2 Family medicine
- #3 Emergency medicine
- #4 Pediatrics
- #5 Psychiatry

# DOs in demand

NRMP Match rates demonstrate **growing opportunities** for DO residents across specialties



Source: NRMP Match, American Association of Colleges of Osteopathic Medicine

# Your wellness matters

Caring for your own body, mind and spirit is priority one

- Wellness Toolkit on Osteopathic.org
- On-demand wellness webinars
- Exclusive wellness app discounts for AOA members
- Substance abuse & mental health services



[www.osteopathic.org/wellness-toolkit](http://www.osteopathic.org/wellness-toolkit)



Maintaining  
wellness



Recognizing  
burnout



Wellness  
lifelines



# AOA Physician Services

Exclusive practice management resources for AOA members



## Day-to-day practice operations

Assistance for navigating the business of medicine in your practice



## Coding & billing

The AOA regularly meets with the top five commercial insurance carriers



## HR issues

Learn best practices for addressing HR issues in your medical practice



## Starting or closing a practice

Learn the in's and out's of establishing or closing a practice



## Telemedicine

Find resources for implementing telehealth in your practice



## Non-clinical CME education

Tap into our library of timely and relevant webinars focused on running your practice

Learn more at [www.osteopathic.org](http://www.osteopathic.org)



# Hands-on care

Explore opportunities to enhance & maintain your **OMT skills**

- **Journal of Osteopathic Medicine**

YouTube videos

Research papers

- **AOA Physician Services**

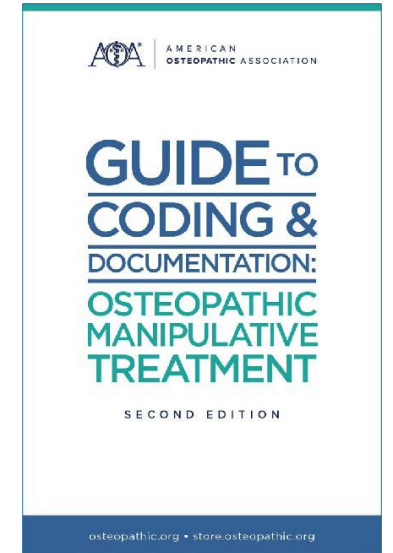
Documentation

Coding & billing resources

- **Other Resources by Affiliates**

ACOFPP - OMT Essentials

A.T. Still University National Center  
for OPP education



# Advancing DO voices in digital health

Promoting the use of technology in alignment with osteopathic principles

- AOiA Digital Health Innovation Community of Practice (DHICoP)
- On-demand digital health webinars and “Ask the experts” virtual office hours
- DiME Product Seal
- Osteopathic representation and leadership driving development of AI innovations and other technologies



Scan to join the  
AOiA Digital Health  
Innovation  
Community of  
Practice



# A world of resources at your fingertips

Download the **My AOA mobile app**  
to stay in the know

- Customized newsfeed
- DO and medical student discussions
- CME dashboard & tracking tools
- Practice management resources
- App-exclusive content & webinars

**Search “My AOA” in the Apple or  
Google Play stores**



**Scan to  
download!**







# The AOA is your professional home

We are committed to helping you learn, grow & succeed

Activate your membership



Let us know how we can help you



Call us Monday-Friday at  
312-202-8000  
8:30 a.m. – 4:30 p.m. CT



**Thank you!**